

KCCAT

Body-Focused Repetitive Behaviors Support Group

(BFRB; hair-pulling, skin-picking)

It takes courage to talk about your battle with hair-pulling or skin-picking, but it can help to know you are not alone! Spend time talking with and receiving support from others that understand what you are going through at our support group for adults (18+) dealing with Trichotillomania or Dermotillomania.

Co-facilitated by peer member and KCCAT staff.

Free and open to the public, but pre-registration is required for attendance.

Please call with questions, or to register, at:
(913) 649-8820 x 117
or email groups@kcanxiety.com

Where: Kansas City Center for Anxiety Treatment (KCCAT)
10555 Marty Street, Suite 100
Overland Park, KS 66212

When: Monthly on the 2nd Tuesday
6:30 PM - 8:00PM

www.kcanxiety.com

